



# Prairie Path

## Foot & Ankle Clinic

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Physicians and Surgeons of the Foot and Ankle  
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## NerveReverse



NerveReverse contains the daily recommended dosage of Vitamin D (5000IU), which is important in bone healing, maintaining a healthy immune system, and healthy nervous system.

Beneficial for:

- Surgery patients, both pre, and post-surgery
- Injury patients - fractures, stress, fractures, tendinitis

NerveReverse also contains several active ingredients in helping patients with neuropathy, including diabetic neuropathy.

Beneficial for:

- Supporting healthy nerves by improving blood flow and reducing inflammation.
- Helping to regulate insulin levels
- Aiding in diabetes management

Its active ingredients for these diagnoses include:

- B6 (pyridoxal-5-phosphate) - an enhanced form of B6 that has been shown to improve fiber density
- B9 (L-methylfolate) - shown to improve endothelial function, vasodilation, and nitric oxide synthesis
- B12 (methylcobalamine) - to supplement B12 deficiency and improve nerve health symptoms
- B1 (benfotiamine) which is fat soluble and improves nerve conduction and reduces neuropathy symptoms
- Alphalipoic acid - an antioxidant that reduces inflammatory markers, improves blood flow, and reduces painful symptoms

It is important to note that NerveReverse is not a pain medication, but instead improves blood flow and reduces inflammation. Some patients will feel a difference within the first few days, but most will feel the optimum results after 3 months. Remember, the nerve damage and symptoms took time to develop and they will take time to improve.