



# Patient Health and History

Today's Date: \_\_\_\_\_

Legal First Name: \_\_\_\_\_ M.I. \_\_\_\_\_ Legal Last Name: \_\_\_\_\_

What is the reason for your visit to the podiatrist today? \_\_\_\_\_

How long has this condition been present? # \_\_\_\_\_  days  weeks  months  years

Is this condition due to an injury from a motor vehicle accident or work related injury?  Yes  No

Have you ever seen a doctor for this condition before coming here today?  Yes  No

How painful or bothersome is this problem on a scale of 1-10 with 10 being severe? \_\_\_\_\_

Does it interfere with your daily activities?  Yes  No

How would you describe the discomfort?  Sharp  Stabbing  Throbbing  Aching  Tingling  No pain  
 Other: \_\_\_\_\_

Where exactly is the area of discomfort/concern?  Right  Left  Toes  Foot  Ankle  Leg

Does the discomfort/area of concern  radiate  stay in one place?

Have you tried anything that improves your discomfort/area of concern?  Yes  No

If yes, what made it better? \_\_\_\_\_

What makes it worse? \_\_\_\_\_

Is the problem getting  better  worse  staying the same?

Have you noticed anything that may have caused this pain/area of concern?  Yes  No

If yes, what? \_\_\_\_\_

## Review of Systems

Do currently have or recently experienced:

- |  |  |
|--|--|
| <input type="checkbox"/> weight loss             | <input type="checkbox"/> abnormal bruising                     |
| <input type="checkbox"/> weight gain             | <input type="checkbox"/> numbness                              |
| <input type="checkbox"/> chronic pain            | <input type="checkbox"/> weakness                              |
| <input type="checkbox"/> fever or chills         | <input type="checkbox"/> balance problems                      |
| <input type="checkbox"/> nausea or vomiting      | <input type="checkbox"/> diabetes                              |
| <input type="checkbox"/> blurry vision           | <input type="checkbox"/> thyroid disorder                      |
| <input type="checkbox"/> headaches               | <input type="checkbox"/> joint pain/swelling                   |
| <input type="checkbox"/> difficulty hearing      | <input type="checkbox"/> muscle pain/ache                      |
| <input type="checkbox"/> shortness of breath     | <input type="checkbox"/> anxiety                               |
| <input type="checkbox"/> chest pain              | <input type="checkbox"/> depression                            |
| <input type="checkbox"/> swelling                | <input type="checkbox"/> sores that don't heal                 |
| <input type="checkbox"/> calf/leg pain or cramps | <input type="checkbox"/> lesions changing size, shape or color |

Patient Name: \_\_\_\_\_

Do you have any allergies to the following:

- No Know Allergies                       Local Anesthetic                       Latex  
 Adhesive Tape                       Iodine or Shellfish                       Other: \_\_\_\_\_

What kind of reaction do you have?  Itching     Rash     Hives     Shortness of Breath     Anaphylaxis

Other: \_\_\_\_\_

What medications are you currently taking including prescription, over the counter and vitamins?

Medication Name	Dosage	How often do you take it?
_____		
_____		
_____		
_____		
_____		
_____		
_____		

Please indicate if you have had any of the following:

- |   |   |   |
|---|---|---|
| <input type="checkbox"/> AIDS/HIV               | <input type="checkbox"/> Diabetes                 | <input type="checkbox"/> Neuropathy                 |
| <input type="checkbox"/> Anemia                 | <input type="checkbox"/> Epilepsy                 | <input type="checkbox"/> Plantar Warts              |
| <input type="checkbox"/> Angina                 | <input type="checkbox"/> Fainting                 | <input type="checkbox"/> Phlebitis                  |
| <input type="checkbox"/> Ankle Pain             | <input type="checkbox"/> Fibromyalgia             | <input type="checkbox"/> Psychiatric Care           |
| <input type="checkbox"/> Arthritis _____        | <input type="checkbox"/> Flat Feet                | <input type="checkbox"/> Radiation Treatment        |
| <input type="checkbox"/> Artificial Heart Valve | <input type="checkbox"/> Foot or Leg Cramps       | <input type="checkbox"/> Rash                       |
| <input type="checkbox"/> Artificial Joint       | <input type="checkbox"/> Gout                     | <input type="checkbox"/> Respiratory Disease        |
| <input type="checkbox"/> Athletes Foot          | <input type="checkbox"/> Headaches                | <input type="checkbox"/> Rheumatic Fever            |
| <input type="checkbox"/> Asthma                 | <input type="checkbox"/> Heart Disease            | <input type="checkbox"/> Shortness of Breath        |
| <input type="checkbox"/> Back Problems          | <input type="checkbox"/> Heel pain                | <input type="checkbox"/> Sinus Problems             |
| <input type="checkbox"/> Bleeding Disorder      | <input type="checkbox"/> Hemophilia               | <input type="checkbox"/> Stroke                     |
| <input type="checkbox"/> Bunions                | <input type="checkbox"/> Hepatitis or Jaundice    | <input type="checkbox"/> Swelling in ankles or feet |
| <input type="checkbox"/> Cancer _____           | <input type="checkbox"/> High Blood Pressure      | <input type="checkbox"/> Tired Feet                 |
| <input type="checkbox"/> Chemical Dependency    | <input type="checkbox"/> Ingrown Toenails         | <input type="checkbox"/> Ulcers                     |
| <input type="checkbox"/> Chemotherapy           | <input type="checkbox"/> Kidney Problems          | <input type="checkbox"/> Varicose Veins             |
| <input type="checkbox"/> Chest Pain             | <input type="checkbox"/> Liver Disease            | <input type="checkbox"/> Weight Loss, unexplained   |
| <input type="checkbox"/> Circulatory Problems   | <input type="checkbox"/> Low Blood Pressure       |   |
| <input type="checkbox"/> Corns and Calluses     | <input type="checkbox"/> Numbness in feet or legs |   |

Patient Name: \_\_\_\_\_

List any previous surgeries: \_\_\_\_\_

List any previous hospital stays: \_\_\_\_\_

Family History:

Mother  Alive  Deceased Medical conditions: \_\_\_\_\_

Father  Alive  Deceased Medical conditions: \_\_\_\_\_

Sister  Alive  Deceased Medical conditions: \_\_\_\_\_

Brother  Alive  Deceased Medical conditions: \_\_\_\_\_

Maternal Grandparents  Alive  Deceased Medical conditions: \_\_\_\_\_

Paternal Grandparents  Alive  Deceased Medical conditions: \_\_\_\_\_

Social History:

Do you exercise?  Yes  No

If yes, how many times a week? \_\_\_\_\_

Smoking status?  Non-Smoker  Occasional Smoker  Former Smoker

Everyday \_\_\_\_\_ #packs/day \_\_\_\_\_ #of years smoked

Recreational drugs?  Yes  No If yes, how frequently? daily occasionally For how long? \_\_\_\_\_

Alcohol use?  Yes  No If yes, daily occasionally How much? \_\_\_\_\_

Are you pregnant?  Yes  No

Height: \_\_\_\_\_ ft \_\_\_\_\_ in Weight: \_\_\_\_\_ lbs Shoe size: \_\_\_\_\_

I certify that the above information is true to the best of my knowledge. I hereby consent and give my permission to the doctor (and the doctor's assistants or designated replacement) to administer and perform such procedures upon me as the doctor deems necessary.

\_\_\_\_\_  
Patient or Guardian Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Witness Signature

\_\_\_\_\_  
Date